



## W E L L N E S S M A N D A T E

TO SUPPORT A HOLISTIC APPROACH  
TO HEALTH & SOCIAL DEVELOPMENT  
WHICH WILL PROMOTE SELF-SUFFICIENT  
OKANAGAN NATION COMMUNITIES BY  
INTEGRATING OUR TRADITIONAL & CULTURAL  
APPROACHES TO COMMUNITY WELLNESS

### GOALS AND OBJECTIVES

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- \* Families and communities to make informed decisions about the wellbeing and safety of their children.
- \* Ensure Aboriginal families receive supports and services in a way that is appropriate to them and their culture.
- \* Keep children within their family and community.
- \* Empower families to be active participants in decisions that affect them.



## W E L L N E S S



### FOR MORE INFORMATION CONTACT:

Family Decision Making Team Lead

Phone: (250) 707-0095 Ext: 152

Cell: 250-979-8457

Toll Free: 1-866-662-9609

Confidential Fax: 1-778-754-0060

Address:

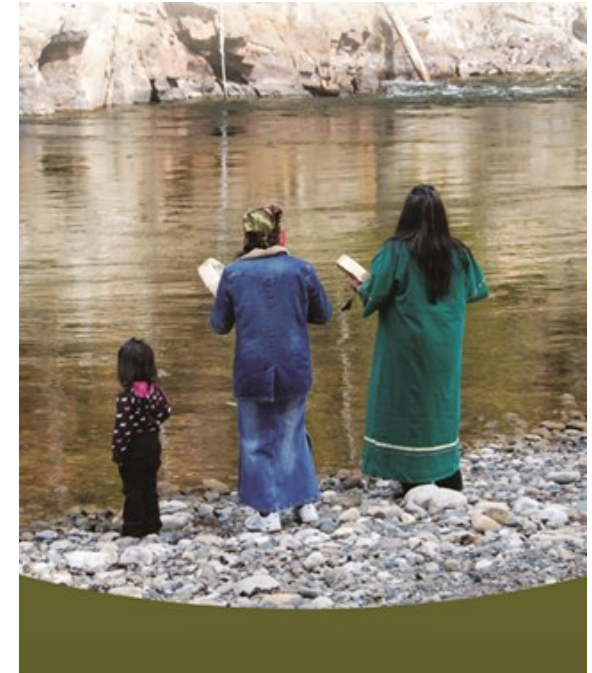
101-3535 Old Okanagan Hwy.

Westbank, BC V4T 3L7

[www.syilx.org](http://www.syilx.org)

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## FAMILY DECISION MAKING



*Empowering families to make  
strong decisions for positive  
sustainable outcomes*



## FAMILY DECISION MAKING (FDM) IS:

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Designed to respect the Aboriginal child/youth's cultural connections to their Community, Nation and Family.

A voluntary process that recognizes family Strengths.

A process of partnership and collaboration between families, communities and service providers.

A facilitated talking circle with a child/youth's Family and support, community members and service providers.

Offered for:

- Families involved in or at risk to be involved with MCFD Child Protection Services.
  - Youth ages 12-18, who are involved in the Criminal Justice System and/or belong to or are vulnerable to gangs.
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## REFERRAL PROCESS

The program receives self-referrals, referrals from Bands, Friendship Centre's, MCFD social workers, parents or family members.

Call or email directly to the Interim Family Decision Making Team Lead.

## THE CIRCLE PROCESS

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### OPENING:

- \*Prayer/Smudge/Song
- \*Introductions
- \*Ground Rules

### INFORMATION:

- \*Family Strengths
- \*Risks/Concerns
- \*Questions and Sharing

### PRIVATE FAMILY TIME:

- \*Discuss any concerns
- \*Decide on a plan

### THE PLAN:

- \*Present the plan
- \*Discuss the Plan
- \*Questions
- \*Confirm agreement to the plan

*All information shared in a FDM circle is confidential*

**This process is discussed with the family and may be altered to suit family protocol**

## FAMILY DECISION MAKING PROCESS IS BASED ON TRADITIONAL SYILX FOUR FOOD

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### CHIEFS

Enowkinwixw is a Syilx consensus building decision making model that honours differing perspectives and makes space for the necessary tension that arises from those differing perspectives. It ensures a safe space for all voices to be able to come together to make a full and complete plan.



*By respecting and understanding Indigenous ways of being and knowing, the Family Decision Making program recognizes and acknowledges the right and capacity of Indigenous families and communities to care for and plan for their children.*