

## Wellness Mandate

TO SUPPORT A HOLISTIC APPROACH TO HEALTH & SOCIAL DEVELOPMENT WHICH WILL PROMOTE SELF-SUFFICIENT OKANAGAN NATION COMMUNITIES BY INTEGRATING OUR TRADITIONAL & CULTURAL APPROACHES TO COMMUNITY WELLNESS

**As part of the Nation Wellness strategy, the Okanagan Nation Wellness Committee identified a need for a response to address family violence. ONA was approved by the Committee to apply to Public Health Agency of Canada to create a response based program to address violence against women and children who witness abuse.**



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Public Safety  
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Canada

## YES Program

YOU EMPOWERED  
STRONG

## Supporting Families Encountering Violence



[WWW.OKANAGANNATION.COM](http://WWW.OKANAGANNATION.COM)

" EVERYBODY HAD SOMEBODY. IT DIDN'T MATTER IF THEY WERE FAMILY OR NOT, IF ANYBODY NEEDED HELP, THEY WOULD HELP THEM IN ANY WAY THEY COULD."

- OKANAGAN ELDER -

## Goals and Objectives

- ▶ The Establishment of Culturally appropriate, ongoing and community based process to identify and support families at risk of or experiencing family violence and its impacts.
- ▶ Encourage strong community involvement and capacity through professional collaboration in development of prevention and response to family violence issues. This will result in increased safety and wellness in community.
- ▶ Recognition inside and outside of the Nation of the importance of time-honored traditional and cultural teachings, healings and activities that help vulnerable families to become more resilient to adversity, to become empowered and grow stronger and healthier.

## What is the YES Program

YES is an Aboriginal Community Safety Development project that addresses the need for community-based solution for families who have to deal with the harmful impacts of family violence.

Each community will determine how they provide the service based on individual community needs.

Building relationships within community to support capacity building.

Prevention and education opportunities will be available to communities to enhance knowledge around family violence and its impacts, personal safety, trauma informed practice among others.

## Community Care Circle (CCC)

Made up of formal or informal community leaders and natural caregiver volunteers to be trained and will partner with YES Project and Community Coordinator. They will monitor, mentor, support and respond to disclosures and facilitate help for families at risk.

Community members identified will be supported through ongoing training and will work collaboratively to tailor response in each community.



"The most sacred entity is our kids, our children!"

Sarah Williams 2013