Resource List MH-Addictions BC

Mental wellness resources that are available to First Nations people, Métis and Inuit include:

**Hope for Wellness:** Help Line: 1-855-242-3310
Live chat: www.hopeforwellness.ca

**Kamatsiaqtut Help Line**
Toll Free 1-800-265-3333
In Iqaluit 1-867-979-3333

**Kids Help Phone**
Toll Free 1-800-668-6868
Text 686868 (no data plan, internet connection, or app required)
Live chat: www.kidshelpphone.ca

**Indian Residential Schools Crisis Line:** 1-866-925-4419


- First Nations Health Authority: Mental Wellness and Substance Use
- Fraser Health: Mental Health and Substance Use
- Interior Health: Mental Health and Substance Use
- Island Health: Mental Health and Substance Use
- Northern Health: Mental Health & Substance Use
- Provincial Health Services Authority: BC Mental Health & Substance Use Services
- Vancouver Coastal Health: Mental Health and Substance Use

**BC Mental Health:**
http://www.bcmhsus.ca/Pages/Referrals.aspx

CMHA
https://cmha.bc.ca/document-category/alcohol-and-other-drugs/
PENTICTON

Penticton Indian Band

Wellbriety

Offers a weekly support group to help people work towards sobriety and abstinence from substance use. The group provides an opportunity to begin a journey of healing and balance through traditional cultural practice.

Organization: PIB

City: Penticton Please contact Elaine Kruger at: Phone: (250) 493-0048 ext: 123 Cell: (250) 809-6766 or Email: emkruger@pib.ca

Website: http://www.pib.ca

For any Clinic and Professional services or questions: Please contact Elaine Kruger at: Phone: (250) 493-0048 ext: 123 Cell: (250) 809-6766 or Email: emkruger@pib.ca

ALCOHOL AND DRUG PROGRAM SUPPORTS

• On site A&D counselling, outreach also
• AA and NA program support
• Pre-Treatment Center application processing
• Detox referrals
• Pre & Post treatment counseling
• Other support services
• Referrals to Health Clerk for transportation subsidy for Treatment Center Travel
• Processing of Prior approval for medical exam tests for Treatment Center applications

CRISIS SERVICES

• Outreach and on Call
• Social Development and Health department have four staff trained at all times in suicide prevention/intervention
• PIB Health department ensure that there are staff as team members on the Okanagan Nation Crisis Response Team.

RESOURCES AND EVENTS

• Extensive library of books, VHS, information for clients to reference
• Lead support for National Addictions Awareness Month Campaign
• Around the Kitchen Table (ATKT) HIV/AIDS awareness workshops monthly
INTER-DEPARTMENTAL AND EXTERNAL LINKAGES

Okanagan Nation Alliance Crisis Response Team

IHA Health Unit

Team Lead Debra Salverda MHSU Martin ST Outreach Centre
117-437 Martin St. Penticton BC
250-770-3696 cell 250 490 6967

Organization: Ooknakane Friendship Centre

Dual Recovery Anonymous

Offers a support group based on the Twelve Steps, for adults with a drug or alcohol addiction and a psychiatric or mental illness. Members come together to share personal experiences, and help each other focus on relapse prevention, recovery, and reducing

City: Penticton
Phone: 250-490-3504
Website: http://www.friendshipcentre.ca/adult.html

Aboriginal Child and Youth Wellness Program

Provides mental health assessments and counselling to Aboriginal children and youth struggling with mental wellness concerns. Program goal is to improve the quality of life of children through delivery of holistically oriented supports and services.

City: Penticton
Phone: 250-490-3504
Website: http://www.friendshipcentre.ca/youth.html

Organization: Interior Health Authority

Mental Health and Substance Use Services

Provides a wide range of mental health and substance use services including central intake, short-term assessment and treatment, long-term programs for those with a serious and persistent mental illness, as well as substance use prevention and treatment

City: Penticton
Phone: 250-770-3555
Primary Care Mental Health

Offers physician support and intensive case management for those in the community who have complex mental health and substance use issues, and have challenges accessing primary care and other services. Health professionals meet with patients to discuss mental Health Concerns

Phone: 250-770-3696
Website: https://www.interiorhealth.ca/[...]Pages/default.aspx

Acute Psychiatric Services

Provides short-term psychiatric assessment and follow-up for individuals presenting to the emergency department or from community practitioner offices. On admission, treatment is provided by an interdisciplinary team of psychiatrists, nurses, social workers.

Organization: Interior Health Authority
City: Penticton
Phone: 250-492-4000
Website: https://www.interiorhealth.ca/FindUs[...]Care%20Mental%20Health&ploc=

Adult Short-term Assessment and Treatment

Provides short-term counselling on an individual or group basis for persons with serious mental illness with or without concurrent substance use issue. Problems addressed include severe depression or anxiety, eating disorders, severe adjustment problems o

Organization: Interior Health Authority
City: Penticton
Phone: 250-770-3555
Website: https://www.interiorhealth.ca/FindUs[...]Counselling%20Services&ploc=
**Mental Health Urgent Response and Emergency Services**

Provides urgent response and mental health emergency services including access to mental health and substance use programs, linking to community programs, crisis intervention, and 24-hour crisis line services.

Organization: Interior Health Authority
City: Penticton
Phone: 250-770-3696
Website: https://www.interiorhealth.ca/FindUs [...]20Emergency%20Services&ploc=

**Child and Youth Mental Health - Interior Region**

Provides a range of mental health services to infants, children and youth who are experiencing mental health challenges. Services offered may either be direct clinical services or targeted community support. Services include assessment, intake services, c

Organization: Ministry of Children and Family Development
City: Penticton
Phone: 250-487-4422
Website: https://www2.gov.bc.ca/[...]/child-teen-mental-health

**Early Psychosis Intervention**

Provides clinical services and education for individuals with early psychosis, and their families. The goal of the program is to recognize the signs and symptoms of psychosis early so that effective treatment can be started as soon as possible. Services m

Organization: Interior Health Authority
City: Penticton
Website: https://www.interiorhealth.ca/FindUs [...]20Intervention%20(EPI)&ploc=

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**Organization: Okanagan Boys and Girls Clubs**

Integrated Family Development Program

Provides flexible support and counselling to children, youth and families with a variety of issues or concerns such as crisis, family conflict, difficult behaviors, as well as supporting families with a special needs child. Services include outreach, con
Organization: Penticton and District Community Resources Society (One SKY)
Integrated Family Development Program
Provides counselling, support, and community connections to children, youth, and families.
City: Penticton
Phone: 250-492-5814
Website: http://pdcrs.com/child-youth-family/integrated-family-development/

Harm Reduction Supplies and Services
Provides harm reduction supplies including safer injection, inhalation and sex supplies along with education, counselling, testing, treatment, referrals, and general health care.
Organization: Interior Health Authority
City: Penticton
Phone: 250-770-3434
Website: http://www.interiorhealth.ca/FindUs/_la[...]tion Supplies and Services&ploc=

Mental Illness Family and Caregiver Information, Education and Support
Provides support to persons with chronic and persistent mental illness and their family and friends in locations around British Columbia. Offers help finding mental health and illness information, one-to-one chats, family support, educational awareness
Organization: BC Schizophrenia Society
City: Penticton
Phone: 250-493-7338
Website: http://www.bcss.org/category/branches/interior/penticton-2/
Adult Community Support Services

Offers community-based services for adults with a serious and persistent mental illness. Provides support services and residential care, and assessment through case management, rehabilitation, and psychiatric consultations to help clients achieve independence

Organization: **Interior Health Authority**

City: Penticton

Phone: 250-770-3696

Website: https://www.interiorhealth.ca/FindUs[...0Services%20%28ACSS%29?ploc=

**Pathways**

Addiction counselling

Address: 996 Main St #1, Penticton, BC V2A 5E4: Columbia Británica

Teléfono: (250) 492-0400

**KEREMEOS**

Organization: Lower Similkameen Community Services Society

Child and Youth Mental Health

Provides direct one-on-one clinical therapy with a clinician for school aged children and youth for emotional and mental health issues. These services include intake, screening and referral, assessment and planning, treatment, case management, and clinical

City: Keremeos

Phone: 250-499-2352

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Organization: **Interior Health Authority**

Adult Short-term Assessment and Treatment
Provides short-term counselling on an individual or group basis for persons with serious mental illness with or without concurrent substance use issue. Problems addressed include severe depression or anxiety, eating disorders, severe adjustment problems o

City: Keremeos
Phone: 250-499-3029
Website: https://www.interiorhealth.ca/FindUs[...]Counselling%20Services&ploc=

**Mental Health Urgent Response and Emergency Services**

Provides urgent response and mental health emergency services including access to mental health and substance use programs, linking to community programs, crisis intervention, and 24-hour crisis line services.

Organization: Interior Health Authority
City: Keremeos
Phone: 250-499-3029
Website: https://www.interiorhealth.ca/FindUs[...]20Emergency%20Services&ploc=

**Early Psychosis Intervention**

Provides clinical services and education for individuals with early psychosis, and their families. The goal of the program is to recognize the signs and symptoms of psychosis early so that effective treatment can be started as soon as possible. Services m

Organization: Interior Health Authority
City: Keremeos
Phone: 250-499-3029
Website: https://www.interiorhealth.ca/FindUs[...]20Intervention%20(EPI)&ploc=

**Mental Health and Substance Use Services**

Provides a wide range of mental health and substance use services including central intake, short-term assessment and treatment, long-term programs for those with a serious and persistent mental illness, as well as substance use prevention and treatment p

Organization: Interior Health Authority
City: Keremeos
Phone: 250-499-3029
Website: https://www.interiorhealth.ca/[...]Pages/default.aspx
**Early Psychosis Intervention**

Provides clinical services and education for individuals with early psychosis, and their families. The goal of the program is to recognize the signs and symptoms of psychosis early so that effective treatment can be started as soon as possible. Services m

Organization: Interior Health Authority

City: Keremeos

Phone: 250-499-3029

Website: https://www.interiorhealth.ca/FindUs/...20Intervention%20(EPI)&ploc=

**Adult Mental Health Drop-In**

Offers a drop-in program for adults with serious and persistent mental illness to increase their quality of life through peer support, access to relevant information, and opportunities to gain new skills, interests and friendship. The group meets each wee

Organization: Lower Similkameen Community Services Society

City: Keremeos

Phone: 250-499-2352 ext 120

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**Lower Similkameen Indian Band**

Alcoholics Anonymous – T: 250. 499 0222

Children & Teen Lines – T: 250. 310 1234

Children Who Witness Abuse Counselling – T: 250. 499 2352

Crisis Lin – T: 250. 493 6622 (call collect)

Grief & Loss after Death Group – T: 250. 499 3020 (IHA Social Work)

Narcotics Anonymou – T: 250. 499 8804

Okanagan Nation Transition Emergency House – T: 250. 493 4902

Stop the Violence Women’s Counselling – T: 250. 499 3018

Transition House – T: 250. 498 5000

Princeton Hospital – T: 250. 493 7233

MCFD Aboriginal Unit – T: 250. 492 1261
Interior Crisis Line 1 888 353-CARE (2273)

For More Information Contact:
Sheila Mar stain, Family Support Worker
Phone: 250.499.5528 ext 108
Email: familysupport@lsib.net

KAMLOOPS

Organization: White Buffalo Aboriginal and Mtis Health Society

Gift Givers Addiction Program - Recovery
Provides programs with a focus on holistic and traditional health care including assessment / treatment planning resources, one-to-one counselling, addiction pre-counselling sessions to support access into a recovery treatment centre, and a 16-week outpatient program
City: Kamloops
Phone: 250-554-1176
Website: http://whitebuffalosociety.ca/

Organization: Kamloops Society for Alcohol and Drug Services
Osprey Place
Full-time attendance program for adjudicated youth ages 13 - 18 who have problematic substance use issues. Treatment includes counselling in the areas of relapse prevention strategies, family dynamics, stress management, health and nutrition, communication
City: Kamloops
Phone: 250-374-4899
Website: http://www.phoenixcentre.org/osprey
Organization: **Interior Health Authority**

**Addictions Residential Treatment Coordinators**
Provides coordination for people recovering from addiction with their counsellors, case managers, and other partners to determine the most appropriate short-term residential support. Program offers intensive short-term therapy designed for clients ready to...

City: Kamloops
Phone: 250-377-6500
Website: [http://www.interiorhealth.ca/][...]/SubstanceUse/Pages/default.aspx

**Withdrawal Management**
Provides programs that include medical and non-medical support and supervision to help minimize the negative physical and psychological effects of withdrawal from alcohol and other drugs. Services are offered in the community and physician supported, in a

Organization: Interior Health Authority
City: Kamloops
Phone: 250-376-7855
Website: [https://www.interiorhealth.ca/][...]/SubstanceUse/Pages/default.aspx

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**FORT ST JAMES**

**Organization: Tl’azt’en Nation**

**Alcohol and Drug Counselling Program**
Provides individual and group counselling, referral, and self-help groups regarding alcohol and drug addiction. Also offers counselling for those affected by another person's substance misuse. Culturally influenced treatment tailored to the needs of indiv...

City: Fort St James
Phone: 250-648-3350
Website: [http://www.tlaztennation.ca/][...]/departments/culture1/community-wellness/
Smithers

Organization: Moricetown Band

Substance Use Counselling

Provides counselling to adults with drug and alcohol addictions. Services include individual counselling, support groups, traditional healing, residential treatment referrals and after care, trauma counselling, and community healing activities.

City: Smithers
Phone: 250-847-9328 ext 34
Website: http://www.moricetown.ca.php56-6.ord1-1.websitetestlink.com/[...]/

Organization: Dze L'K'ant Friendship Centre Society

Alcohol and Drug Program

Provides outpatient addiction treatment, including screening and assessment, counselling (individual, family, and group), and referral. Also offers counselling for those affected by another person's substance misuse.

City: Smithers
Phone: 250-847-5211
Website: http://www.dzelkant.com/alcohol-and-drug-counseling/

KELOWNA

Organization: Ki-Low-Na Friendship Society

Addiction Counselling

Offers Individual, group and family counselling for individuals with alcohol and drug addiction issues. Provides workshops and educational materials, prevention and intervention, referrals to residential treatment, detox aftercare, and follow-up. Narcotic

City: Kelowna
Phone: 250-763-4905
Website: http://www.kfs.bc.ca

Organization: Interior Health Authority

Drug and Alcohol Resource Team
Hospital-based program that identifies and supports people with addictions, allowing them access to the treatment they need while in hospital and on their return to the community. Provides early identification, assessment, intervention, and referrals to care.

City: Kelowna

Phone: 250-862-4000

Website: http://www.interiorhealth.ca/FindUs/_la[...] and Alcohol Resource Team&ploc=

Organization: Resurrection Recovery Resource Society

Freedom's Door Recovery House

Provides rehabilitation services to men struggling with alcohol and drug addiction. Offers a 90-day program with optional aftercare. Program is built in three phases of ongoing support which includes various forms of therapy and counselling (individual and group), social activities, and support groups.

City: Kelowna

Phone: 250-717-0472

Website: http://www.freedomsdoorkelowna.com

Organization: Interior Health Authority

Withdrawal Management

Provides programs that include medical and non-medical support and supervision to help minimize the negative physical and psychological effects of withdrawal from alcohol and other drugs. Services are offered in the community and physician supported, in a

City: Kelowna

Phone: 250-868-2230

Website: https://www.interiorhealth.ca/[...]SubstanceUse/Pages/default.aspx

Organization: ARC Programs Ltd.

Changes

Provides alcohol and drug services, including prevention, early intervention and outpatient treatment. Services may include primary prevention activities, community awareness presentations, peer-support development programs, substance misuse assessment; b

City: Kelowna

Phone: 250-763-2977

Website: http://www.arcprograms.com/community/cits/adts.htm
Organization: Interior Health Authority

Addictions Residential Treatment Coordinators

Provides coordination for people recovering from addiction with their counsellors, case managers, and other partners to determine the most appropriate short-term residential support. Program offers intensive short-term therapy designed for clients ready t

City: Kelowna

Phone: 250-868-2230

Website: http://www.interiorhealth.ca/[...]/SubstanceUse/Pages/default.aspx

Community Substance Use Services

Provides a range of substance use services for people wishing to reduce or quit their use of substances, and improve their health and well-being. Services include prevention programs, outpatient counselling, day treatment, opioid substitution therapy, res

Organization: Interior Health Authority

City: Kelowna

Phone: 250-868-7788

Website: https://www.interiorhealth.ca/[...]/SubstanceUse/Pages/default.aspx

Cedar Sage Health and Wellness Centre

Provides trauma-informed short-term, team-based care including assessments, counselling and support to higher functioning individuals with mental health and or substance use challenges.

Organization: Interior Health Authority

City: Kelowna

Phone: 250-469-7070 ext 13555

Website: https://www.interiorhealth.ca/FindUs[...]/Wellness%20Centre&svc=&ploc=

Mental Health and Substance Use Services

Provides a wide range of mental health and substance use services including central intake, short-term assessment and treatment, long-term programs for those with a serious and persistent mental illness, as well as substance use prevention and treatment p

Organization: Interior Health Authority

City: Kelowna

Phone: 250-469-7070

Website: https://www.interiorhealth.ca/[...]/Pages/default.aspx
Mental Health and Substance Use Services

Provides a wide range of mental health and substance use services including central intake, short-term assessment and treatment, long-term programs for those with a serious and persistent mental illness, as well as substance use prevention and treatment programs.

Organization: Interior Health Authority
City: Kelowna
Phone: 250-868-2230
Website: https://www.interiorhealth.ca/[...]/Pages/default.aspx

Overdose Prevention Sites

Provides emergency response to drug overdose victims. The sites allow people to inject illicit drugs while monitored by trained professionals equipped with naloxone, which reverses the effects of opioid overdoses. Fentanyl test strips are available.

Organization: Interior Health Authority
City: Kelowna
Website: https://www.interiorhealth.ca/[...]/PHEmergency/Pages/Mobile-ODPS.aspx

Primary Care Mental Health

Offers physician support and intensive case management for those in the community who have complex mental health and substance use issues, and have challenges accessing primary care and other services. Health professionals meet with patients to discuss management plans.

Organization: Interior Health Authority
City: Kelowna
Phone: 250-868-2230
Website: https://www.interiorhealth.ca/FindUs/[...]/Care%20Mental%20Health&ploc=

Mental Health Program

Provides education on and understanding of mental health issues, assist mental health consumers with access and referrals to appropriate resources, and facilitate healthy collaborations of services between agencies and/or communities. This program strives to improve access and outcomes.

Organization: Ki-Low-Na Friendship Society
City: Kelowna
Phone: 250-763-4905
Website: http://www.kfs.bc.ca

Early Psychosis Intervention
Provides clinical services and education for individuals with early psychosis, and their families. The goal of the program is to recognize the signs and symptoms of psychosis early so that effective treatment can be started as soon as possible. Services m

Organization: Interior Health Authority
City: Kelowna
Website: https://www.interiorhealth.ca/FindUs[...20Intervention%20(EPI)&ploc=

Organization: Okanagan Boys and Girls Clubs
Reconnect Youth Services
Provides outreach, support, referral, and advocacy for high-risk youth that are homeless or at-risk of homelessness in the Kelowna area. Support may include parent-teen mediation, housing assistance, alcohol and drug referrals, individual counselling, str
City: Kelowna
Phone: 250-868-8541 ext 4
Website: http://www.boysandgirlsclubs.ca/[...]/counselling-services

Organization: NOW Canada Society
Essentials Program
Provides safe housing, group life skills sessions, and individualized support for women and female youth looking to leave a life of addiction and abuse. Offers a full-time day program with access to essential life skills sessions, as well as individual su
City: Kelowna
Phone: 250-763-3876
Website: https://www.nowcanada.ca/programs/essentials_program/

Organization: ARC Programs Ltd.
Community Intervention and Treatment Services
Provides non-residential programs and services designed to meet the needs of youth at-risk who have alcohol and/or drug problems, street-life involvement, on probation, or are homeless. A primary counsellor will work with the youth, family, and the refer
City: Kelowna
Phone: 250-763-2977
Website: http://www.arcprograms.com/community/cits/index.htm
**Organization: Interior Health Authority**

**Concurrent Disorders Services**

Offers support to individuals experiencing both a mental illness and substance use issue, to stabilize their health and establish a path toward long-term improvements in functioning. Treatment includes assessment, education, counselling, psychosocial reha

City: Kelowna

Phone: 250-469-7070

Website: [https://www.interiorhealth.ca/FindUs[...]](https://www.interiorhealth.ca/FindUs[...])

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**Organization: Ministry of Children and Family Development**

**Child and Youth Mental Health - Interior Region**

Provides a range of mental health services to infants, children and youth who are experiencing mental health challenges. Services offered may either be direct clinical services or targeted community support. Services include assessment, intake services, c

City: Kelowna

Phone: 250-861-7301

Website: [https://www2.gov.bc.ca/.../child-teen-mental-health](https://www2.gov.bc.ca/.../child-teen-mental-health)

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**Organization: The Bridge Youth & Family Services**

**Youth Services** Offers support services to youth referred by the Ministry of Children and Family Development. Services include counselling, mentor support for independent living, housing assistance, cultural and recreational activities, employment assistance, community.

City: Kelowna

Phone: 250-763-0456

Website: [http://www.thebridgeservices.ca/.../youth-outreach-wellness-centre/](http://www.thebridgeservices.ca/.../youth-outreach-wellness-centre/)
Organization: Kelowna Community Resources

Family and Community Services

Offers a variety of support programs for individuals and families in the Central Okanagan. Programs include peer support for single parents, adoption support services, family group conferences for child protection planning, employment services.

City: Kelowna

Phone: 250-763-8008

Website: https://kcr.ca/about-us/general-info/services-overview/

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Foundry Centres

Offers health and social services for young people to access mental health care, substance use services, youth and family peer supports, primary care, and social services. Services are provided together in a single place to make it easier for young people.

Organization: Foundry

City: Kelowna

Website: https://foundrybc.ca/find-a-centre/

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Organization: The Bridge Youth & Family Services

Kelowna Youth in Care Network

Provides a support group for youth who are in government care. Youth are able to form friendships, discuss matters of concern that affect their everyday lives, learn about healthy living, and participate in fun outings and activities.

City: Kelowna

Phone: 250-763-0456

Website: http://www.thebridgeservices.ca/[...]kelowna-youth-in-care-network/

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Organization: Ki-Low-Na Friendship Society

Aboriginal Healing Foundation

To reclaim the cultural identity of residential school survivors & their families and promote healthy lifestyle choices through individual, group and family counselling; life skills training and support activities using traditional knowledge and healing methods.

City: Kelowna
Phone: 250-763-4905
Website: http://www.kfs.bc.ca

Organization: The Bridge Youth & Family Services

Family Services

Offers counselling and support to families and caregivers experiencing challenges that may be impacting their children. Programs include: training, support and education for foster parents; family counselling provided both in-home and in office based meet.

City: Kelowna
Phone: 250-763-0456
Website: http://www.thebridgeservices.ca/index.php/services/family-services/

Organization: Seniors Outreach Services Society

Senior's Outreach Services

Promotes the enhancement of life of isolated and lonely seniors; volunteer visitors program; information/referral and resource centre; lending library; senior peer counsellors.

City: Kelowna
Phone: 250-861-6180
Website: http://seniorsoutreach.ca/programs/

Organization: Interior Health Authority

Adolescent Psychiatry Unit

Provides acute psychiatric care to adolescent inpatients managing mental health issues. Services include assessment, stabilization and initial treatment for youth between 12 and 17 years of age who live within Interior Health.

City: Kelowna
Organization: Canadian Mental Health Association - Kelowna Branch

Family Navigator

Offers assistance to parents and caregivers caring for children, youth, or dependent adults experiencing or recovering from mental illness, in the central Okanagan. Support includes mental health and substance use education and information, access to comm

City: Kelowna
Phone: 250-861-3644
Website: http://cmhakelowna.com/for-families/

Organization: ARC Programs Ltd.

Support Services for Families with FASD Program

Offers a community based outreach service designed to enhance protective factors and reduce risk factors for a young person with Fetal Alcohol Syndrome, and build the capacity of their families to provide ongoing nurturing care for their children. Keywork

City: Kelowna
Phone: 250-763-2977
Website: http://www.arcprograms.com/community/mhs/sbmhs.htm

Organization: Interior Health Authority

Adult Short-term Assessment and Treatment

Provides short-term counselling on an individual or group basis for persons with serious mental illness with or without concurrent substance use issue. Problems addressed include severe depression or anxiety, eating disorders, severe adjustment problems o

City: Kelowna
Phone: 250-469-7070
Website: https://www.interiorhealth.ca/FindUs [...]Counselling%20Services&ploc=

Mental Health Urgent Response and Emergency Services
Provides urgent response and mental health emergency services including access to mental health and substance use programs, linking to community programs, crisis intervention, and 24-hour crisis line services.

**Organization: Interior Health Authority**

City: Kelowna

Phone: 250-469-7070

Website: [https://www.interiorhealth.ca/FindUs [...]20Emergency%20Services&ploc=](https://www.interiorhealth.ca/FindUs [...]20Emergency%20Services&ploc=)

**Overdose Prevention Sites**

Provides emergency response to drug overdose victims. The sites allow people to inject illicit drugs while monitored by trained professionals equipped with naloxone, which reverses the effects of opioid overdoses. Fentanyl test strips are available. Addit

**Organization: Interior Health Authority**

City: Kelowna

Website: [https://www.interiorhealth.ca [...]}/PHEmergency/Pages/Mobile-ODPS.aspx](https://www.interiorhealth.ca [...]}/PHEmergency/Pages/Mobile-ODPS.aspx)

**Mental Health First Aid**

**Organization: Canadian Mental Health Association - Kelowna Branch**

Offers a training course to improve mental health literacy, and provide the skills and knowledge to help people better manage potential or developing mental health problems in themselves, a family member, friend or colleague. Teaches to recognize the sign

City: Kelowna

Phone: 250-861-3644

Website: [http://cmhakelowna.com/workshops/](http://cmhakelowna.com/workshops/)

**Organization: UBC Okanagan**

**Student Health and Counselling Services**

Provides support for the well-being of students on campus and in residence. Services include health assessment and treatment, prescriptions, lab tests, sexual health management, vaccinations, individual counselling, and referrals to other health care prof

City: Kelowna
Organization: Canadian Mental Health Association - Kelowna Branch

Peer Support Services

Provides support services for people coping with the isolating effects of mental health issues and stigma. Service is available to individuals who wish to connect with other individuals with lived experience in a wellness-based environment. Offers: weekly

City: Kelowna
Phone: 250-861-3644 ext 123
Website: http://cmhakelowna.com/wellness-initiatives/peer-support-services/

Organization: BC Schizophrenia Society

Mental Illness Family and Caregiver Information, Education and Support

Provides support to persons with chronic and persistent mental illness and their family and friends in locations around British Columbia. Offers help finding mental health and illness information, one-to-one chats, family support, educational awareness pr

City: Kelowna
Phone: 250-868-3119
Website: http://www.bcss.org/[...]/kelowna-2/2008/07/about-bcss-kelowna/

Senior Citizens Counsellor Program

Offers volunteer peer counsellors to assist fellow seniors with problems or concerns, promote active involvement in the community, and offer knowledge about services and resources. Assistance may include completing government related forms, income assista

Organization: Interior Health Authority

City: Kelowna
Phone: 250-980-1558
**Organization: Okanagan Boys and Girls Clubs**

**Youth Mental Health Outreach**

Provides short-term mental health services to high-risk youth with psychiatric issues who are not willing or not able to access mainstream mental health services. Mental health workers develop treatment plans, offer crisis intervention, provide assistance.

City: Kelowna
Phone: 250-868-8541 ext 7
Website: [http://www.boysandgirlsclubs.ca/](http://www.boysandgirlsclubs.ca/)counselling-services

**Organization: Kelowna Family Services Centre Society**

**Counselling Services (Kelowna Family Services Centre)**

Provides counselling services to families and individuals in many areas such as grief and loss, life transitions, abuse, sexual intrusive behaviour and more.

City: Kelowna
Phone: 250-860-3181
Website: [http://www.kfscs.com](http://www.kfscs.com)

**The Zone**

**Organization: Building Healthy Families Society**

Helps families with children and youth reduce anger and conflict and begin to build healthy relationships. Topics include: personal awareness, what triggers anger, the effect of choices and decisions, conflict style, and communication strategies.

City: Kelowna
Phone: 250-861-4933
Website: [http://www.buildinghealthyfamilies.ca/programs/the-zone/](http://www.buildinghealthyfamilies.ca/programs/the-zone/)

**Organization: ARC Programs Ltd.**

**Family-Based Treatment Program**
Offers in-home family treatment and support for children/youth and their families to reduce or overcome the negative effects and impact of a serious mental health disorder. Services may include interpersonal/life skills, community resources, and counselling.

City: Kelowna
Phone: 250-763-2977
Website: http://www.arcprograms.com/community/mental/fbtp.htm

**Stroke Recovery Branches**

Offers social, emotional, mental, and physical support for stroke survivors and their families. Program activities include exercise sessions, physical games designed to maintain coordination and mental fitness, speech therapies, health and wellness lectures.

Organization: Stroke Recovery Association of BC
City: Kelowna
Phone: 250-763-0556
Website: https://strokerecoverybc.ca/programs-locations/all-branches/

**Peer Counselling**

Provides peer counseling via telephone to individuals newly experiencing vision loss. These peer counselors are trained to be empathetic listeners and to help clients adjust to their new circumstances.

Contact the local Canadian National Institute for the Blind BC-Yukon Division
Organization: Canadian National Institute for the Blind BC-Yukon Division
City: Kelowna
Phone: 250-763-1191
Website: http://www.cnib.ca/en/bc-yukon/Pages/default.aspx

**Patient and Family Counselling**

Offers support programs and individual, couple, and family counselling for cancer patients and their families, caregivers, and friends. Counsellors help to clarify concerns, express emotions, and increase coping skills, as well as provide assistance and information.

Organization: BC Cancer Agency
City: Kelowna
Website: http://www.bccancer.bc.ca/.../support-programs
Ki-Low-Na Friendship Society

Youth Centre
Youth workers provide one-on-one, group, and family counselling, referral services, talking circles, and workshops on boundaries, communications, self-esteem, stress management, and anger management. Recreation and cultural activities are offered as well.

City: Kelowna
Phone: 250-763-4905
Website: http://www.kfs.bc.ca

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Acute Psychiatric Services
Provides short-term psychiatric assessment and follow-up for individuals presenting to the emergency department or from community practitioner offices. On admission, treatment is provided by an interdisciplinary team of psychiatrists, nurses, social workers

Organization: Interior Health Authority
City: Kelowna
Phone: 250-862-4478
Website: https://www.interiorhealth.ca/FindUs[...]Psychiatric%20Services&ploc=

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Adult Community Support Services
Offers community-based services for adults with a serious and persistent mental illness. Provides support services and residential care, and assessment through case management, rehabilitation, and psychiatric consultations to help clients achieve independ

Organization: Interior Health Authority
City: Kelowna
Phone: 250-469-7070
Website: https://www.interiorhealth.ca/FindUs[...]0Services%20%28ACSS%29&ploc=
Counselling Services (Kelowna Family Services Centre)

Provides counselling services to families and individuals in many areas such as grief and loss, life transitions, abuse, sexual intrusive behaviour and more.

Organization: Kelowna Family Services Centre Society

City: Kelowna
Phone: 250-860-3181
Website: http://www.kfscs.com

Men’s drop in programs

Family-Based Treatment Program

Offers in-home family treatment and support for children/youth and their families to reduce or overcome the negative effects and impact of a serious mental health disorder. Services may include interpersonal/life skills, community resources, and counselling.

Organization: ARC Programs Ltd.

City: Kelowna
Phone: 250-763-2977
Website: http://www.arcprograms.com/community/mental/fbtp.htm

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Stroke Recovery Branches

Offers social, emotional, mental, and physical support for stroke survivors and their families. Program activities include exercise sessions, physical games designed to maintain coordination and mental fitness, speech therapies, health and wellness lectures.

Organization: Stroke Recovery Association of BC

City: Kelowna
Phone: 250-763-0556
Website: https://strokerecoverybc.ca/programs-locations/all-branches/

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Peer Counselling

Provides peer counseling via telephone to individuals newly experiencing vision loss. These peer counselors are trained to be empathetic listeners and to help clients adjust to their new circumstances.

Organization: Canadian National Institute for the Blind BC-Yukon Division
City: Kelowna
Phone: 250-763-1191
Website: http://www.cnib.ca/en/bc-yukon/Pages/default.aspx

Patient and Family Counselling

Offers support programs and individual, couple, and family counselling for cancer patients and their families, caregivers, and friends. Counsellors help to clarify concerns, express emotions, and increase coping skills, as well as provide assistance and i

Organization: BC Cancer Agency
City: Kelowna
Website: http://www.bccancer.bc.ca/.../support-programs

Youth Centre

Youth workers provide one-on-one, group, and family counselling, referral services, talking circles, and workshops on boundaries, communications, self-esteem, stress management, and anger management. Recreation and cultural activities are offered as well.

Organization: Ki-Low-Na Friendship Society
City: Kelowna
Phone: 250-763-4905
Website: http://www.kfs.bc.ca

Acute Psychiatric Services

Provides short-term psychiatric assessment and follow-up for individuals presenting to the emergency department or from community practitioner offices. On admission, treatment is provided by an interdisciplinary team of psychiatrists, nurses, social worke

Organization: Interior Health Authority
City: Kelowna
Phone: 250-862-4478
Website: https://www.interiorhealth.ca/FindUs[...]Psychiatric%20Services&ploc=

Harm Reduction Supplies and Services
Provides harm reduction supplies including safer injection, inhalation and sex supplies along with education, counselling, testing, treatment, referrals, and general health care.

Organization: Interior Health Authority
City: Kelowna
Phone: 250-868-2230
Website: http://www.interiorhealth.ca/FindUs/_la[...]tion Supplies and Services&ploc=

Adult Community Support Services
Offers community-based services for adults with a serious and persistent mental illness. Provides support services and residential care, and assessment through case management, rehabilitation, and psychiatric consultations to help clients achieve independ

Organization: Interior Health Authority
City: Kelowna
Phone: 250-469-7070
Website: https://www.interiorhealth.ca/FindUs[...]0Services%20%28ACSS%29&ploc=

MERRIT
Organization: Conayt Friendship Society

Alcohol and Drug Program
Provides culturally appropriate, interactive and community sensitive mental health and substance use services. Services include counselling for individuals, groups, couples, youth and families; client support and advocacy; screening and referrals; assessments

City: Merritt
Phone: 250-378-5107 ext 8512
Website: http://www.conayt.com/main/page_programs.html

Drug and Alcohol Resource Team
Hospital-based program that identifies and supports people with addictions, allowing them access to the treatment they need while in hospital and on their return to the community. Provides early identification, assessment, intervention, and referrals to c
Organization: Interior Health Authority
City: Merritt
Phone: 250-378-2242
Website: http://www.interiorhealth.ca/FindUs/_la[...] and Alcohol Resource Team&ploc=

Organization: Upper Nicola Band
Mental Health and Addictions
Provides assessment, treatment and referrals for youth and adults with mental health and/or addiction services. Services include short term counselling (individual, family and group), youth counselling and referral, medication management, and referral for
City: Merritt
Phone Patrick: 250-378-5058 ext 308
Website: http://uppernicola.com/programs-services/health/

Mental Health and Substance Use Services
Offers alcohol and drug abuse counselling, mental health services, and support groups for the health and well-being of community members.
Organization: Lower Nicola Indian Band
City: Merritt
Phone: 250-378-4089
Website: http://lnib.net/community-services/community-programs/

Community Substance Use Services
Provides a range of substance use services for people wishing to reduce or quit their use of substances, and improve their health and well-being. Services include prevention programs, outpatient counselling, day treatment, opioid substitution therapy, res
Organization: Interior Health Authority
City: Merritt
Phone: 250-378-3401
Website: https://www.interiorhealth.ca/[...]SubstanceUse/Pages/default.aspx
Mental Health and Substance Use Services

Provides a wide range of mental health and substance use services including central intake, short-term assessment and treatment, long-term programs for those with a serious and persistent mental illness, as well as substance use prevention and treatment.

Organization: Interior Health Authority
City: Merritt
Phone: 250-378-3401
Website: https://www.interiorhealth.ca/.../Pages/default.aspx

Concurrent Disorders Services

Offers support to individuals experiencing both a mental illness and substance use issue, to stabilize their health and establish a path toward long-term improvements in functioning. Treatment includes assessment, education, counselling, psychosocial reha.

Organization: Interior Health Authority
City: Merritt
Phone: 250-378-3401
Website: https://www.interiorhealth.ca/FindUs[...]/Emergency%20Services&ploc=

Adult Short-term Assessment and Treatment

Provides short-term counselling on an individual or group basis for persons with serious mental illness with or without concurrent substance use issue. Problems addressed include severe depression or anxiety, eating disorders, severe adjustment problems.

Organization: Interior Health Authority
City: Merritt
Phone: 250-378-3401
Website: https://www.interiorhealth.ca/FindUs[...]/Counselling%20Services&ploc=

Palliative Care Support

Provides comfort to individuals living with a terminal illness and support to their loved ones. Trained hospice volunteers offer practical, emotional and spiritual support through the stages of dying, death and bereavement. Volunteers visit in the home, h
Housing Assistance

Offers support and housing assistance to homeless individuals or to those at risk of becoming homeless, to individuals struggling with mental health and or substance use issues, and to the disabled in finding, securing and maintaining suitable housing.

Organization: ASK Wellness Society
City: Merritt
Phone: 250-315-0098
Website: http://www.askwellness.ca/programs/homes/

VERNON

Mental Health and Addictions Program

Provides outpatient counselling to Aboriginal people of the North Okanagan area who are seeking help or information regarding their own, or someone else’s, alcohol and drug misuse and their harmful effects. Services are culturally appropriate and include

Organization: First Nations Friendship Centre Society
City: Vernon
Phone: 250-542-5311
Website: http://www.vernonfirstnationsfriendshipcentre.com/[

Withdrawal Management

Provides programs that include medical and non-medical support and supervision to help minimize the negative physical and psychological effects of withdrawal from alcohol and other drugs. Services are offered in the community and physician supported, in a

Organization: Interior Health Authority
Community Substance Use Services

Provides a range of substance use services for people wishing to reduce or quit their use of substances, and improve their health and well-being. Services include prevention programs, outpatient counselling, day treatment, opioid substitution therapy, res

Organization: Interior Health Authority

City: Vernon

Phone: 250-549-5737

Website: https://www.interiorhealth.ca/[...]SubstanceUse/Pages/default.aspx

Re-Direct Program

Provides court-ordered counselling for youth on probation who have been referred to the program by the courts. Counsellors work to reduce criminal behaviours and increase pro-social behaviours. Services focus on individual support, community integration a

Organization: North Okanagan Youth and Family Services Society

City: Vernon

Phone: 250-545-3572

Website: http://www.noyfss.org/programs/youth-services-justice
Provides short-term counselling services for individuals, couples and families with concerns around issues such as depression, anxiety, childhood trauma, relationship challenges, communication, self-esteem, and post-partum depression.

Organization: Family Resource Centre Society for the North Okanagan
City: Vernon
Phone: 250-545-3390
Website: http://vernonfrc.ca/?page_id=16

Independent Living Program

Provides support to youth transitioning from the Ministry of Children and Family Development to independent living. Counsellors assist youth with developing independent living skills such as finding appropriate housing, life skills, employment, and budget

Organization: North Okanagan Youth and Family Services Society
City: Vernon
Phone: 250-545-3572
Website: http://www.noyfss.org/programs/youth-services-justice

Adult Short-term Assessment and Treatment

Provides short-term counselling on an individual or group basis for persons with serious mental illness with or without concurrent substance use issue. Problems addressed include severe depression or anxiety, eating disorders, severe adjustment problems

Organization: Interior Health Authority
City: Vernon
Phone: 250-549-5737
Website: https://www.interiorhealth.ca/FindUs[...]Counselling%20Services&ploc=

Acute Psychiatric Services

Provides short-term psychiatric assessment and follow-up for individuals presenting to the emergency department or from community practitioner offices. On admission, treatment is provided by an interdisciplinary team of psychiatrists, nurses, social workers

Organization: Interior Health Authority
City: Vernon
Child and Youth Mental Health - Interior Region

Provides a range of mental health services to infants, children and youth who are experiencing mental health challenges. Services offered may either be direct clinical services or targeted community support. Services include assessment, intake services, c

Organization: Ministry of Children and Family Development
City: Vernon
Phone: 250-549-5404
Website: https://www2.gov.bc.ca/.../child-teen-mental-health

Early Psychosis Intervention

Provides clinical services and education for individuals with early psychosis, and their families. The goal of the program is to recognize the signs and symptoms of psychosis early so that effective treatment can be started as soon as possible. Services m

Organization: Interior Health Authority
City: Vernon
Website: https://www.interiorhealth.ca/FindUs[...]20Intervention%20(EPI)&ploc=

Parent-Teen Conflict

Provides support to families experiencing a high degree of conflict in parent-teen relationships. Counsellors provide consultation, education, mediation and support to both parents and teens. Also offers a parenting group with a focus on communication, bo

Organization: North Okanagan Youth and Family Services Society
City: Vernon
Phone: 250-545-3572
Website: http://www.noyfss.org/programs/youth-services-justice

Health Outreach Nurse
Provides safe and confidential screening, treatment and support services for individuals at risk for, or living with HIV. The health outreach team offer HIV and hepatitis information and education, prevention and harm reduction services, HIV and hepatitis.

Organization: Interior Health Authority  
City: Vernon  
Website: http://www.myhealthissyexy.com

Adult Community Support Services

Offers community-based services for adults with a serious and persistent mental illness. Provides support services and residential care, and assessment through case management, rehabilitation, and psychiatric consultations to help clients achieve independ

Organization: Interior Health Authority  
City: Vernon  
Phone: 250-549-5737  
Website: https://www.interiorhealth.ca/FindUs[...]0Services%20%28ACSS%29&ploc=

Family Support Program

Offers culturally appropriate support and counselling to families and children to help create a safe and healthy environment. Support workers provide on-going support in the areas of child protection, health, communication and conflict resolution skills,

Organization: First Nations Friendship Centre Society  
City: Vernon  
Phone: 250-542-1247  
Website: http://www.vernonfirstnationsfriendshipcentre.com/[...]/

Needle Distribution

Provides safer injection supplies, brief intervention, consultation, and referral for injection drug users including disposal of used syringes. Education, basic health information, safer smoking supplies, condoms and immunizations may also be available.

Organization: Interior Health Authority  
City: Vernon  
Phone: 250-541-1097  
Website: http://www.interiorhealth.ca/FindUs/_la[...]c=&svc=Needle Distribution&ploc=
Living Life to the Full for Youth

Offers an eight-week community-based course that provides youth practical skills for coping with stress, problem solving, reducing anxiety, and improving mood and well-being. Each week a topic is presented through booklets, worksheets, group activities and

Organization: Canadian Mental Health Association - Vernon Branch
City: Vernon
Website: https://vernon.cmha.bc.ca/.../living-life-to-the-full-for-youth/

Family Support Program

Offers culturally appropriate support and counselling to families and children to help create a safe and healthy environment. Support workers provide on-going support in the areas of child protection, health, communication and conflict resolution skills,

Organization: First Nations Friendship Centre Society
City: Vernon
Phone: 250-542-1247
Website: http://www.vernonfirstnationsfriendshipcentre.com/.../

Harm Reduction Supplies and Services

Provides harm reduction supplies including safer injection, inhalation and sex supplies along with education, counselling, testing, treatment, referrals, and general health care.

Organization: Interior Health Authority
City: Vernon
Phone: 250-549-5700
Website: http://www.interiorhealth.ca/FindUs/_la[...]tion Supplies and Services&ploc=

Living Life to the Full for Youth

Offers an eight-week community-based course that provides youth practical skills for coping with stress, problem solving, reducing anxiety, and improving mood and well-being. Each week a topic is presented through booklets, worksheets, group activities an

Organization: Canadian Mental Health Association - Vernon Branch
Wellness Programs

Offers mental illness recovery-focused programs and services for people of all ages and their families, to help prevent, maintain and improve overall health and well-being. Programs include anger management, mindfulness, boundaries workshop, anxiety management.

Organization: Canadian Mental Health Association - Vernon Branch

City: Vernon

Phone: 250-542-3114

Website: https://vernon.cmha.bc.ca/programs-and-services/

Emotional Regulation

Provides group therapy to youth who are having difficulty controlling their emotions or behaviours. The group focuses on interpersonal effectiveness, distress tolerance, emotional regulation, and mindfulness with a goal to replace problem.

Organization: North Okanagan Youth and Family Services Society

City: Vernon

Phone: 250-545-3572

Website: http://www.noyfss.org/index.php/groups/children-and-youth-groups/

Mental Illness Family and Caregiver Information, Education and Support

Provides support to persons with chronic and persistent mental illness and their family and friends in locations around British Columbia. Offers help finding mental health and illness information, one-to-one chats, family support, educational awareness programs.

Organization: BC Schizophrenia Society

City: Vernon

Phone: 250-260-3233

Website: http://www.bcss.org/.../
Offers peer support to help adults with mental illness achieve a higher quality of life. Trained volunteers with lived experience of a mental illness, provide support and education, one-on-one social activities, friendship and empathy, hospital visitation

Organization: Canadian Mental Health Association - Vernon Branch  
City: Vernon  
Website: https://vernon.cmha.bc.ca/our-services/peer-support/

Youth at Risk

Supports youth to reduce high-risk behaviours and increase positive youth engagement. Services may include skill building, short-term intervention, and referrals to appropriate resources such as mental health services.

Organization: North Okanagan Youth and Family Services Society  
City: Vernon  
Phone: 250-545-3572  
Website: http://www.noyfss.org/programs/youth-services-justice

Osoyoos Mental Health Services

Offers mental health counselling and psychiatric services to band members, by appointment.

Organization: Osoyoos Indian Band  
City: Oliver  
Phone: 250-498-6935

Adult Short-term Assessment and Treatment

Provides short-term counselling on an individual or group basis for persons with serious mental illness with or without concurrent substance use issue. Problems addressed include severe depression or anxiety, eating disorders, severe adjustment problems o

Organization: Interior Health Authority  
City: Osoyoos  
Phone: 250-495-6433
Mental Health Urgent Response and Emergency Services

Provides urgent response and mental health emergency services including access to mental health and substance use programs, linking to community programs, crisis intervention, and 24-hour crisis line services.

Organization: Interior Health Authority
City: Osoyoos
Phone: 250-495-6433
Website: https://www.interiorhealth.ca/FindUs[...]20Emergency%20Services&ploc=

Early Psychosis Intervention

Provides clinical services and education for individuals with early psychosis, and their families. The goal of the program is to recognize the signs and symptoms of psychosis early so that effective treatment can be started as soon as possible. Services m

Organization: Interior Health Authority
City: Osoyoos
Website: https://www.interiorhealth.ca/FindUs[...]20Intervention%20(EPI)&ploc=

Integrated Family Development Program

Provides flexible support and counselling to children, youth and families with a variety of issues or concerns such as crisis, family conflict, difficult behaviours, as well as supporting families with a special needs child. Services include outreach, con

Organization: Okanagan Boys and Girls Clubs
City: Osoyoos
Phone: 250-485-2752
Website: http://www.boysandgirlsclubs.ca/[...]family-resources/south-okanagan

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Stroke Recovery Branches

Offers social, emotional, mental, and physical support for stroke survivors and their families. Program activities include exercise sessions, physical games designed to maintain coordination and mental fitness, speech therapies, health and wellness lectures.

Organization: Stroke Recovery Association of BC
City: Osoyoos
Phone: 250-487-0236
Website: https://strokerecoverybc.ca/programs-locations/all-branches/

Oliver

Men's Counselling

Provides individual and group counselling based on the needs of men who like to improve their relationships, reduce stress, and manage conflict.

Organization: Desert Sun Counselling and Resource Centre
City: Oliver
Website: http://desertsuncounselling.ca/resources/mens-counselling/

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Child and Youth Mental Health - Interior Region

Provides a range of mental health services to infants, children and youth who are experiencing mental health challenges. Services offered may either be direct clinical services or targeted community support. Services include assessment, intake services, c

Organization: Ministry of Children and Family Development
City: Oliver
Phone: 250-485-6001
Website: https://www2.gov.bc.ca/[...]child-teen-mental-health

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Children and Youth Counselling
Provides individual and group counselling for children who have been exposed to intense family conflict and/or abuse. The program helps children and youth learn new skills, develop a safety plan, learn to express feelings in a healthy way, and increase th

Organization: Desert Sun Counselling and Resource Centre
City: Oliver
Website: http://desertsuncounselling.ca/resources/children-youth-counselling/

Integrated Family Development Program

Provides flexible support and counselling to children, youth and families with a variety of issues or concerns such as crisis, family conflict, difficult behaviours, as well as supporting families with a special needs child. Services include outreach, con

Organization: Okanagan Boys and Girls Clubs
City: Oliver
Phone: 250-498-8844
Website: http://www.boysandgirlsclubs.ca/[...]/family-resources/south-okanagan

Mental Health Services

Offers mental health counselling and psychiatric services to band members, by appointment.

Organization: Osoyoos Indian Band
City: Oliver
Phone: 250-498-6935

Parking Lot

First Nations Health Authority: Mental Wellness and Substance Use
• Fraser Health: Mental Health and Substance Use
• Interior Health: Mental Health and Substance Use
• Island Health: Mental Health and Substance Use
• Northern Health: Mental Health & Substance Use
• Provincial Health Services Authority: BC Mental Health & Substance Use Services
• Vancouver Coastal Health: Mental Health and Substance Use