



SYILX TEACHINGS FOR HEALING

The Okanagan Nation Response Team presents a virtual mental health workshop with Okanagan Nation Response Team Members Leon Louis of LSIB and Wilfred “Grouse” Barnes of WFN. They will be sharing their teachings for healing including knowledge of Syilx medicines.

Virtual via GoToMeeting

March 17th 2021 - 5:30 pm to 7:30 pm

Open to Syilx Okanagan Nation members ages 13 years & up

This workshop will provide space for nation members to talk, laugh, engage, and learn more about themselves. The workshop will encourage strengthening connection with others in the nation, and with cultural practices that foster wellbeing.

Registration is First Come First Serve- Limited spots available!

For more information:

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The Okanagan Nation Response Team (ONRT) assists individuals and communities to find healthy paths along which people choose life.