



# FIRST RESPONDER TO SEXUAL VIOLENCE TRAINING

DECEMBER 7-9, 2021 | 8:30 AM - 4:00 PM

## WHAT IS INCLUDED IN THIS TRAINING?

This course offers an Indigenous-focused, trauma-informed and mindfulness-based approach to baseline skills on responding to sexual violence disclosures.

**VIRTUAL  
TRAINING  
SESSION**

## PARTICIPANTS WILL LEARN TO:

- Understand Indigenous culturally relevant practices
- How multiple identities, social locations and historical contexts inform responses to sexual violence disclosures
- How self-knowledge and self-care are mandatory for the responder.

## ADDITIONAL INFORMATION:

- Open to Okanagan Nation Members, Community Members and/or Okanagan Nation front-line wellness and health staff who are working with people harmed by sexual violence.
- Space is limited to 12 spots - so all participants must register.
- Trainees can expect up to 1 hour of homework each day, for three days. Homework may include reading, watching videos, reflective writing (journaling), and self-care activities.

**\*Trainees must be committed to attend all 3 days**

### For more info:

Darryl-Jean Peeman, YES Team Lead  
YES.Coordinator@syilx.org  
778 392 8133  
www.okanagannation.com

### You Empowered Strong:

The YES program provides community awareness, education and training as well as resources on de-normalizing violence and sexual assault as one of the key steps to create change and change behaviours.