

caᓃ^w mi əłkəłkicntm iᓯ nəqspintk



MAY WE REACH AGAIN THE COMING YEAR

ta'tupa – Spirit Bear

MOON CALENDAR 2023



smuq^wəq^wtan

DECEMBER 23 – JANUARY 20, 2023
TIME OF THE SNOW FALL

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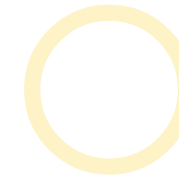
smasq̣t
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S



To learn more about captik^wl, a
number of Okanagan Nation Alliance
publications are available to order.



Christmas Eve

23

24

Christmas Day
npyilsment axaʔ
iʔ sputa
Enjoy the holiday.

25

Boxing Day

26

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New Year's Eve

New Year's Day

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captik^wl forum:
k^wəck^wəcstimʔ
iʔ stəʔtaʔtet
Strengthening
our Truth

19

20



spaqt

JANUARY 21 – FEBRUARY 19

TIME OF EVERYTHING WHITE

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The #WeLoveLanguage Campaign brings awareness to the language we use when speaking to others and issues of violence in our communities. This includes using inclusive and appropriate language, so join us for the month of February to enter our contests, view our social media posts for some education and participate in Pink Shirt Day! #WLL



21

22	23	24	25	26	27	28
29	30	31	1	Groundhog Day 2	3	4
5	Launch of #WLL Campaign 6	Safer Internet Day 7	8	captikʷl forum: kʷæckʷæcstimʔ iʔ stəʔtaʔtet Strengthening our Truth 9	10	11
12/19	13	Valentine's Day Have a Heart Day sʁpus 14	15	16	17	18



kpux^wəx^wtan

FEBRUARY 20 – MARCH 20
TIME OF THE SNOW DRIFTING

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	Family Day  20	21	Pink Shirt Day 22	23	24	25
26	 27	28	1	2	3	4
5	6	 7	International Women's Day 8	9	10	11
12	13	 14	15	16	St. Patrick's Day 17	18
19	Spring Solstice World Elder Beary Day 20	<p>ti? mnimłtət, mi k^wu əccut stim i? kl̥ kčx^{wə}xwíplaʔs i? scəcmaláʔtət, i? kl̥ nḁstans i? kl̥ ḁast scx^wlx^walts, uł i? kl̥ kl̥ ḁsp?i ts i? scəcmaláʔtət naʔl̥ i? nk^wcwilx^wtət uł i? sqlx^wlcawtət.</p> <p>It is our inherent right, that we are the only ones to say what governs us, for what are the best interests, the good health, and well-being of our children and people, and our saily^w/syily/cɔluk^wnagínax ways.</p> 				



– Syilx Family Declaration



sknirmən

MARCH 21 – APRIL 19
TIME OF THE BUTTERCUPS

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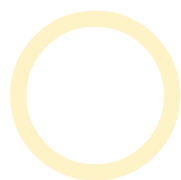
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The Annual Water Forum works to promote and create public awareness of Syilx Okanagan People and their sacred connection to siwʰkʷ.



21

Syilx Water Forum
World Water Day

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23

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Good Friday

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Easter Sunday

Easter Monday

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Grandmothers
Gathering



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Grandmothers
Gathering

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The Grandmothers Gathering allow Syilx grandmothers to gather and focus on familial roles, Nation needs, and traditional models of child-raising in today's world.



kpəckɬtan

APRIL 20 – MAY 18
TIME OF THE BUDDING LEAVES

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The ONA is working to implement Jordan's Principle by offering Enhanced Service Coordination. It strives to improve access to health, social and educational supports and services for First Nation's children and families.

<div></div> <div>The ONA is working to implement Jordan's Principle by offering Enhanced Service Coordination. It strives to improve access to health, social and educational supports and services for First Nation's children and families.</div>					<div></div> <div>20</div>	21	Earth Day	22
23	24	25	26	<div>Syilx Drug Forum</div> <div></div> <div>27</div>	28	29		
30	1	2	3	<div>akɫxʷuminaʔ (Shingle Creek) Fry Release</div> <div>4</div>	<div></div> <div>5</div>	6		
7	8	<div>nxʷaqʷaʔstn (Mission Creek) Fry Release</div> <div>9</div>	<div>6 Mile Creek Fry Release</div> <div>Bear Witness Day</div> <div>10</div>	<div>Trout Creek Fry Release</div> <div>11</div>	<div></div> <div>12</div>	13		
14	15	<div>snɫuxwqnm (Castlegar) takliʰaickst (Slocan) Fry Release</div> <div>16</div>	<div>snkɣykntn (Revelstoke) Fry Release</div> <div>17</div>	18	<div><div>"We are the unconquered aboriginal people of this land." – Okanagan Nation Declaration</div><div></div></div>			



spił'ntən

MAY 19 – JUNE 17
TIME OF THE BITTERROOT

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We honour our ancestors with the annual Salmon Calling Ceremony in which we gather in five separate locations along the Columbia River to help pray for the return of the salmon, two on the United States side and three on the Canadian side. These locations were chosen for their traditional location our people used to gather at to fish. Both these days start by gathering along the banks of the river to pray for the return of the fish.



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Victoria Day

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Mother's Day

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Spirit of Syilx
Unity Run:
Violence
and Suicide
Awareness



1

Unity Run
continued

2

Unity Run
continued

3

Unity Run
continued



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10

Salmon Calling
Ceremonies –
snq'əq' ulaʔxn tn
Kettle Falls

16

Salmon Calling
Ceremonies –
słuxʷqaynm
Castlegar

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miktutən

JUNE 18 – JULY 16
TIME OF THE SUNFLOWER SEEDS

skʰaʰiws S	skixʷiws M	sʔasłásq̓t T	skaʔłásq̓t W	smasq̓t TH	sčłkstasq̓t F	skłarʔásq̓t S
Father's Day Salmon Calling Ceremonies – sk̓xykntn Revelstoke 18	Salmon Calling Ceremonies – n̓ʔaylintn McIntyre 19	Salmon Calling Ceremonies – sən̓k'lip i skʷants Enloe Dam 20	Summer Solstice National Indigenous Peoples Day 21	22	23	24
25	26	27	28	29	30	Canada Day 1
2	3	July Canoe Paddle  4	5	6	7	8
9	10	11	12	13	14	15
16	<p>“We were not born with the instincts to know how to live in nature’s laws, instead we are given memory to remind us of what we could and could not be doing. Understanding the living land and teaching our young generations how to become a ‘part of it’ is the only way we, the Syilx, have survived.”</p> <p>– Okanagan First Peoples</p>					



ksiyaʔtən

JULY 17 – AUGUST 15
TIME OF THE SERVICE BERRY

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	 17	18	19	20	21	22
23	24	 25	26	27	28	29
30	31	 1	2	3	4	5
6	BC Day 7	 8	International Day of the Worlds Indigenous Peoples 9	10	11	12
13	14	15	<p>The Service Berry (síyaʔ) got its name during first contact with settlers as it was a trading food. The síyaʔ berries become seedy when dry and the dried berries were a treat taken out during the off-season. Grandmothers also gathered wild currants along with síyaʔ in woven baskets tied around their waists.</p>			



ǂəyǂaytan

AUGUST 16 – SEPTEMBER 13
TIME OF THE RED THORN BERRY

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S

TAKING CARE OF OURSELVES

Get out on the land; go to the water or take a hike in the mountains. Connect to the land. Talk to it, listen to it. Tell it what you are thinking and ask it for what you need.

				 16	17	18	19
20	21	22	23	 24	25	26	
27	28	29	 30	International Overdose Awareness Day 31	1	2	
3	Labour Day 4	5	 6	7	8	9	
World Suicide Prevention Day National Grandparents Day 10	11	12	13	Nurture your healthy relationships and connections, set boundaries around relationships that might be draining or unhealthy, and build new relationships/connections that are supportive. Connection, love, understanding, and belonging are key supports that everyone wants and needs. Seek these things out.			



sk'əlwistən

OCTOBER 14 – NOVEMBER 12
TIME OF THE RED SALMON

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kí cp̥əlk̥ stíw̥ Hatchery... in October 2022, the ONA was able to successfully collect and fertilize 5,317,540 million Sockeye eggs! This is a record egg take. The previous record was in 2016, when 5.2 million eggs were collected. In addition, one female Chinook was spawned, producing 4,342 eggs. This work is vital to ensure that the salmon continue to return to feed the People and all our relations.



14

15	16	International Day for the Eradication of Poverty	18	19	20	21
Jordan River Anderson's Birthday 	23	24	25	26	27	28
29	30	Halloween	1	2	3	4
5/12 	6	7	National Indigenous Veterans Day	9	10	Remembrance Day lut ks_əcn̥íip̥əpts Lest We Forget 

tk'ayikstən

NOVEMBER 13 – DECEMBER 11
TIME OF THE LEAVES WITHERING

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	 13	Four Food Chiefs Gathering 14	Four Food Chiefs Gathering 15	16	17	18
19	World Children's Day  20	21	22	23	24	25
26	 27	28	29	30	1	2
3	4	 5	6	7	Stories Forum: captikʷl as our Teacher 8	9
International Human Rights Day 10	11	<p>The Four Food Chiefs Gathering is an annual gathering of Syilx Nation members. This event focuses on information sharing, utilizing the enowkinwixʷ model through our Four Food Chiefs. Each year, the event consists of workshops, discussions, presentations, keynotes and activities that focus on connecting to the land and water, connecting to each other, our well-being and learning useful tools to thrive!</p>				



kc'a?c'a?ɬtan

DECEMBER 12 – JANUARY 10, 2024
TIME OF THE COLD WEATHER

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skaʔɫásq̣t
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S

		 12	13	capti'kw̥l: kʷæckʷæcstimʔ iʔ stəɫtaɬtet 14	15	16
17	18	 19	20	ta'tupas Birthday age: 153 Winter Solstice 	22	23
Christmas Eve 24	Christmas Day npyilsment axaʔ iʔ sputa Enjoy the holiday. 25	Boxing Day  26	27	28	29	30
New Year's Eve 31	New Year's Day 1	2	 3	4	5	6
7	8	9	10	<p>Syilx data governance planning work is one piece of the ONA Wellness work being done to better the lives of the Syilx people. Data sovereignty is the right Syilx people have to tell the Syilx story, with Syilx data, in a way that is responsible to all our relations.</p> 		



2023

JANUARY

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

MARCH

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

APRIL

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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
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MAY

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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

JUNE

S	M	T	W	T	F	S
				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

JULY

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

AUGUST

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20	21	22	23	24	25	26
27	28	29	30	31		

SEPTEMBER

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17	18	19	20	21	22	23
24	25	26	27	28	29	30

OCTOBER

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
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NOVEMBER

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER

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					1	2
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

We would like to thank the ONA Wellness Committee, all those who stand up for our children, and all those who have throughout history stood up to advocate for and take care of our children.

